

SAMARITANS

CENTRAL LONDON

ANNUAL REVIEW
2017



SAMARITANS

HELPING US

CHARING CROSS MANAGER
Reporting to All
Once you have made your decision on the

FOREWORD

The Annual Review offers a great opportunity to reflect on just how much has happened in the last year at Central London Samaritans.

Anytime, night or day, our incredible volunteers are supporting our callers on the phone, by email and by text. During the day, our volunteers are seeing callers face to face, or supporting programmes in prisons, in schools, and with the homeless community in London. Wherever and whenever we are needed, our volunteers offer a critical service to our caller. This is not to mention the huge amount of time and effort our volunteers spend in recruiting, training and leading other volunteers.

It is simply amazing to reflect on how much time is given up by our volunteers. In 2016 we were able to recruit and train 15% more volunteers than in the previous year, by supporting and developing our selection and training teams. Through supporting and developing the selection and training teams at the branch, we were able to recruit and train 15% more volunteers in 2016 than in the previous year.

In a challenging environment for fundraising, we are grateful to each and every one of our donors and supporters – with their generosity we are able to stay open. Over 2016 overall income went from strength to strength: fundraising within the community and individual donations went up by 14.4% to over £100,000 and corporate and major donor donations rose to £216,440, up by 30.5%.

We are heading into the third and final year of the funding agreement with Samaritans Central Charity (SCC), at the end of which Central London Samaritans (CLS) aims to be totally self-funding. CLS is extremely grateful for the continued financial support from the SCC thus far and for the advice and assistance we have received over this past year in further establishing our own fundraising activities.

During the year ahead, we wish to engage with wider audiences outside the branch and build the network of support necessary for the branch to stand on its own feet financially. The task now is to encourage the active support of families, friends, colleagues, associates and the wider community. Our small, but brilliant, staff team provide essential expertise and offer resilience to our service delivery.

At a time when our critical service is more in demand than ever before, we are acutely aware that we face many challenges. However, 64 years on, we are proud that we continue the legacy of providing emotional support to anyone struggling to cope, and thereby help fulfil the Samaritans vision that fewer people will die by suicide.

Jin Chin,
Branch Chair



WHO WE ARE

OUR VISION

SAMARITANS' VISION IS THAT FEWER PEOPLE DIE BY SUICIDE

OUR MISSION

WE WORK TO ACHIEVE THIS VISION by making it our Mission to alleviate emotional distress and reduce the incidence of suicide feelings and suicidal behaviour.

We do this by:

- Being available 24 hours a day to provide emotional support for people who are experiencing feelings of emotional distress or despair, including those which may lead to suicide
- Reaching out to high risk groups and communities to reduce the risk of suicide
- Working in partnership with other organisations, agencies and experts to achieve our Vision
- Influencing public policy and raising awareness of the challenges of reducing suicide

OUR VALUES

WE ARE COMMITTED TO THE FOLLOWING VALUES:

- Listening, because exploring feelings alleviates distress and helps people to reach a better understanding of their situation and the options open to them
- Confidentiality, because if people feel safe, they are more likely to be open about their feelings
- People making their own decisions wherever possible, because we believe that people have the right to find their own solution and telling people what to do takes responsibility away from them
- Being non-judgemental, because we want people to be able to talk to us without fear of prejudice or rejection
- Human contact, because giving people time, undivided attention and empathy meets a fundamental emotional need and reduces distress and despair

CENTRAL LONDON SAMARITANS IS RESPONSIBLE FOR fulfilling Samaritans' mission throughout seven Central London boroughs of The City, Islington, Camden, City of Westminster, Hackney, Kensington and Chelsea and Tower Hamlets.

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VOLUNTEERING

VOLUNTEERS REMAIN AT THE HEART OF CLS, with over 400 ensuring that our vital service remains open 24/7, 365 days a year for our callers to receive the support that they need. This support is provided by well-trained listening volunteers, who receive over 60 hours of initial training, as well as ongoing training every year. The training equips the volunteers with the skills and confidence needed to allow them to be there for our callers, who contact us by telephone, text, e-mail and by visiting the branch in person.

Each listening volunteer gives around 15 hours per month, but many dedicate further hours to get involved in the selection and training of new volunteers; the leadership and support of current volunteers; the numerous outreach and fundraising activities that the branch undertakes; and in the leadership and governance of the branch, through our Director and Trustee teams. In addition to all of these roles, we also have non-listening volunteers who help in a variety of areas such as administration, fundraising and consultancy. Overall, our fantastic volunteers donate almost 100,000 hours of volunteering to the branch every year.

“Supporting the callers is very rewarding – and I also enjoy the company of my fellow volunteers.” CLS Listening Volunteer

Two priorities this year have been the recruitment and the retention of volunteers. Through supporting and developing the selection and training teams at the branch, we were able to recruit and train 15% more volunteers in 2016 than in the previous year.

To improve retention, we improved the mentoring and ongoing support for our volunteer team, and also acted on feedback from volunteers to make improvements, such as allowing more flexibility in the role and enabling more volunteers to get involved with non-listening activities. This helped us to achieve an 11% decrease in leavers compared to the previous year, with many who were moving away from London choosing to remain a Samaritan at their new local branch.

The increase in new volunteers and fall in leavers has helped to increase our overall volunteer numbers, and therefore the branch is able to respond to more callers in despair or distress.

2016/17

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2016/17

AMY'S STORY

AMY WAS A LISTENING VOLUNTEER AT CLS for four years until 2013, and rejoined the branch last year. Here we find out a bit more about her volunteering.

Why did you want to become a Samaritan?

I first wanted to become a Samaritan after being involved with Nightline at university. I joined Central London Samaritans in 2009 and was impressed by the comprehensive training I received. I was, however, blown away by the warmth and dedication of my fellow volunteers. I liked the experience of volunteering so much that I rejoined the branch in 2016 after a three-year stint in the US.

What do you do as a volunteer at CLS?

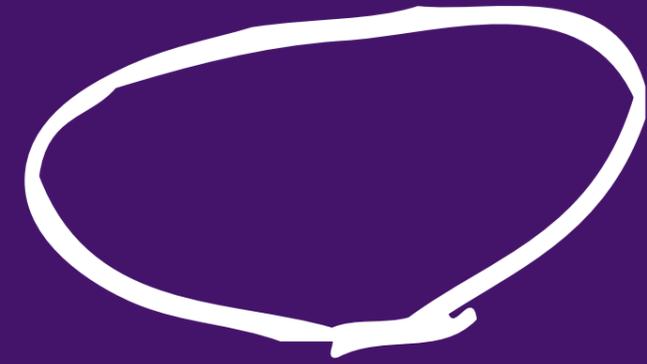
I'm currently a Shift Leader on Tuesday mornings. On any given shift this involves debriefing calls with volunteers, being the first point of contact for face-to-face visitors and making sure everyone is suitably caffeinated. Tuesday mornings come with the additional challenge of finding a good time for the phone room to be vacuumed (which is harder than it might sound!) I also keep my hand in by doing a shift on the phones every month on the second-half nightwatch shift between three and 8.30am.

What do you like most about volunteering here?

The opportunity to support our callers — both in the short- and long-term — is a humbling experience and one that I think has made me a better human being. I believe that Samaritans does important work and I'm glad that I can contribute towards it as part of the Central London branch.



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SPEAKING TO
THE SAMARITANS
MAKES ME FEEL SAFE,
TAKES AWAY FEAR AND
RELEASES TENSION

5

SUPPORTING OUR LOCAL COMMUNITY



WORKING WITH THE HOMELESS

CENTRAL LONDON SAMARITANS has seen a huge increase in the numbers of volunteers actively going out with the homeless team to offer emotional support over the past couple of years. In 2016/17 we were able to strengthen that by making the 'Emotional Support in Other Settings' training module an established part of initial training for all new volunteers. This teaches new volunteers how to be proactive in offering emotional support and initiating contact when meeting people outside the branch. Following this module, volunteers have the chance to 'shadow' experienced volunteers on a homeless shift and experience the unique way we offer large-scale emotional support. With the higher numbers on the team we were able to offer emotional support to 1,303 homeless people.

We are now an established support service for vulnerable homeless people who often have complex support needs, challenging histories and poor mental and physical health. We are still the only charity offering emotional support *in situ* at food drops; it could be argued that our support is more valuable than ever. We are at a time when it appears there is very strong suspicion amongst the homeless community that a number of service providers are working alongside the Home Office, with a view to deporting non-British nationals who are homeless. There is a visible relaxing and opening up to our volunteers when we make it clear we work independently.

2016/17

SCHOOLS

WORKING WITH YOUNG PEOPLE in schools is regularly talked about as being one of the most rewarding roles a volunteer will undertake. When going into a school a volunteer might deliver one of two types of presentations – of which the first is for assemblies and is a larger presentation designed for larger audiences. It includes an introduction to the topic of emotional health, offering tips on how we can look after our own and be aware of how our friends are coping.

Alternatively, volunteers might run a workshop which goes in to much more detail, with the pupils doing most of the talking. We encourage the pupils to describe the pressures they are under and the coping mechanisms they employ. We look at the importance of talking about one's problems and focus on listening, finishing with a role play where the pupils get to be both a passive listener and an active listener, which is fun and insightful for the pupils. On every visit to a school we take awareness raising materials so the pupils know how they can contact Samaritans.

Over the year we delivered workshops and talks to 3,954 young people, with a highlight being the relationship built with St George's RC School in Maida Vale. In October 2016, we delivered both assemblies and workshops to virtually the whole school in a week-long visit.

"I was absolutely over-joyed when Mark and his volunteers came into St George's Catholic School to deliver talks and workshops regarding mental health issues. The students were educated on a wide range of topics surrounding mental health including strategies to manage changing of their feelings and an awareness of how to recognise them and who to turn to for help.

Mark had a wonderful rapport with the students and staff alike. I was amazed at how much impact Samaritans would have on the whole school. Even the teachers were asking if they could come and participate in Mark's sessions on Mental Health. I am so very grateful to Mark and his team for coming into our school and making such a huge difference to the lives of both our students and our staff."

Miss S Taylor BA, M.Ed, Head of Drama & Personal, Social and Health Education.
St George's RC School, Maida Vale

PRISONS

JUNE 2016 SAW THE CLOSURE OF HOLLOWAY prison, bringing a huge challenge for the sixteen-strong Holloway team of volunteers. Reacting immediately following the announcement of the closure in the previous autumn's spending review, the team set about supporting staff and prisoners alike through what was going to be a very turbulent period. As well as adding extra shifts, the team identified two other important objectives. Firstly, the Listener team, chosen from the prisoners themselves, had to be maintained. Secondly, selecting and training up a new team of Listeners to ensure that emotional support was always available and continued at Downview Prison where a number of inmates were to be re-housed. The excellent work of the Holloway team made a difficult and challenging episode manageable and seamless, and they worked closely with the governor, other key Holloway staff and Leatherhead Samaritans to make this transition as smooth as possible.

Our Brixton team continued their good work throughout the year. Again, working in a challenging environment the team provided fantastic support for the Listener team within Brixton with regular selection and training.

Following the closure of Holloway some of the members of that team chose to support other prisons in London. Most notably, HMP Pentonville has benefited, with half a dozen CLS volunteers swelling the ranks of a team co-ordinated by North London Samaritans. CLS volunteers also joined the teams supporting HMPs Wandsworth and Downview.



UNIVERSITIES

WE HAVE 16 UNIVERSITIES in our catchment area with nearly 210,000 students. Many of these students have moved to London from a different part of the country or from abroad and need to establish a new support network. With this in mind we have recruited students as support volunteers to make sure all the universities we serve are well stocked with awareness raising materials.

We have identified that suicidal ideation is a recurring problem within Halls of Residence. To help counter this, we have provided basic listener skills training for staff at University College London, student mentors at King's College and staff at the University of London.

We are grateful to the wonderful team at King's College who also agreed to be one of the pilot sites for the extension of our 'Step by Step' service. 'Step by Step' is a Samaritans service that provides practical support to help schools' communities recover from an attempted or suspected suicide. Developed in 2010, using research evidence as well as our experience and knowledge of best practice, it has been very successful and we hope to see the service extended to more Further and Higher Education establishments.

LESBIAN, GAY, BISEXUAL, & TRANSGENDER PLUS (LGBT+)

OUR LGBT+ TEAM has been going from strength to strength and this year the growth continued with some fantastic new initiatives. We partnered up with the LGBT+ student societies at both King's College and University College London and were able to deliver talks and offer emotional support to students on campus.

Another great new initiative was our LGBT+ 'Feet on the Street' shifts in Soho. These originated in response to the awful events in Orlando in June 2016 when 50 people were killed in a gay nightclub. A vigil was quickly organised in Old Compton Street and we felt strongly that we needed to have a presence. Half a dozen volunteers attended, gave out LGBT+specific awareness raising materials and listened to members of the public as they poured out their emotions. Following this shift, members of the team felt like this support would be welcomed on an on-going basis. We were able to go out fairly regularly last summer, offering support not only to the general public but also to doormen outside pubs and clubs and to the staff within these businesses.

The icing on the cake for the LGBT+ team has to be our presence in the Pride in London parade. Every year our presence gets bigger and 2016 was no different. Around 50 volunteers from across the London region came together and danced, sang and high-fived their way through the central London route. We gave out a wonderful 12,500 LGBT+ specific postcards advertising our service.

AWARENESS RAISING



WE MADE THE DECISION in April 2016 to focus on the larger awareness events where a relatively small volunteer team could reach a large audience. A great example of this is the 'Women of the World' festival which takes place in the Royal Festival Hall to coincide with International Women's Day. 10,000 people pass through the hall across the three days that the festival is in operation. Having been a regular fixture at this amazing and vibrant festival for four years our stall is now guaranteed a great spot in the marketplace in the hall and we get lots of interest shown.

The CLS Outreach Team also supports suitable events when we can. A great example of this was the world's largest mental health lesson, organised by the inspirational poet and astronaut-in-training Hussain Manawer. At this event, Hussain, along with Til Wykes, a clinical psychologist, and a range of Hussain's celebrity friends taught the 538 young people present at Hackney Empire about the importance of looking after their emotional health. Hussain claimed the world record for an event like this but already has his sight set on reaching more young people. It was great to be involved with an event of this scale.

FUNDRAISING

The fundraising team at Central London Samaritans was very proud of its achievements in the financial year 2016-17. The challenge was on to become more self-sufficient as we moved away from the previous funding arrangement with the central charity. We set ourselves some aggressive targets and, thanks to the extraordinary generosity of so many people, we were hugely successful.



CORPORATE PARTNERSHIPS

In November 2016 we ran a campaign asking companies around us to 'Donate a Day'. We knew the cost of running our basic services was £1,250 per day and were delighted with the response that enabled the branch to operate 24/7 for many weeks, especially around Christmas.

Innovative partnerships included local cafés providing a venue for the 'Talk to Us' campaign to increase access to CLS' services, and with the Yumchaa group of cafés selling the 'Good Listener' brand of tea.

2016/17

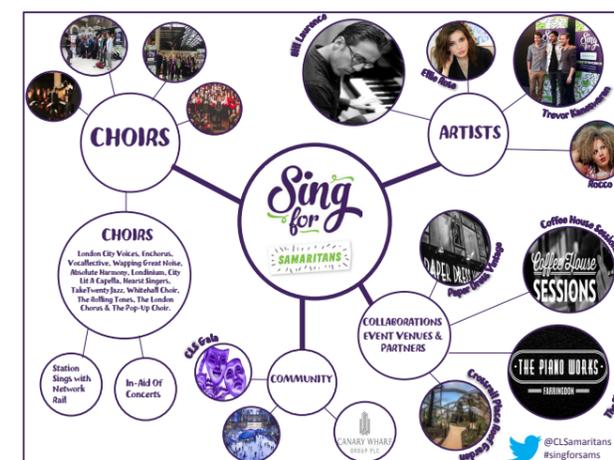
CHARITABLE TRUSTS

We were very grateful to more than twenty charitable trusts, who played an essential part in funding both branch operating costs and specific outreach projects, including those for homeless people, schools and LGBT+.

Examples of core cost funding included a grant from Garfield Weston Foundation which enabled the branch to increase the reach of the service, respond to an increase in vulnerable callers and to improve the spread of our fundraising activities. The TripAdvisor Foundation supported volunteering development and the Westminster Foundation helped fund young people and homeless outreach in Westminster.

COMMUNITY AND CHALLENGE EVENTS

Income from community fundraising and events received a major boost through the development of the popular 'Sing for Samaritans' events programme which culminated in a very successful 'pop-up festival' — Christmas Chorus — at Charing Cross Station during the lead up to the Christmas festivities. We are looking forward to Christmas Chorus 2017 on Wednesday 21st December 2017.



We are once again indebted to our friends at Pizza Pilgrims who support us with donations, participation in events and gifts-in-kind. On Monday 6th March, at the opening of their Shoreditch branch, they raised £2,855 as part of a 'pay what you can' initiative.

Challenge events undertaken by supporters this year included: Hackney Half Marathon, Stockholm Marathon 2016, Amsterdam Marathon 2016, London to Amsterdam Cycling Trip, London Marathon, Ride London 2016, Thames Path Challenge, Richmond 10K, Friday Night Walkers and Samaritans National Walk

The income received from challenge events demonstrated the loyalty many volunteers have for Samaritans and their willingness to participate in activities which demand commitment, effort, stamina and courage.

An enormous thank you to all of our volunteers who took part in Challenge Events in 2016 to raise £20,000 for Central London Samaritans!

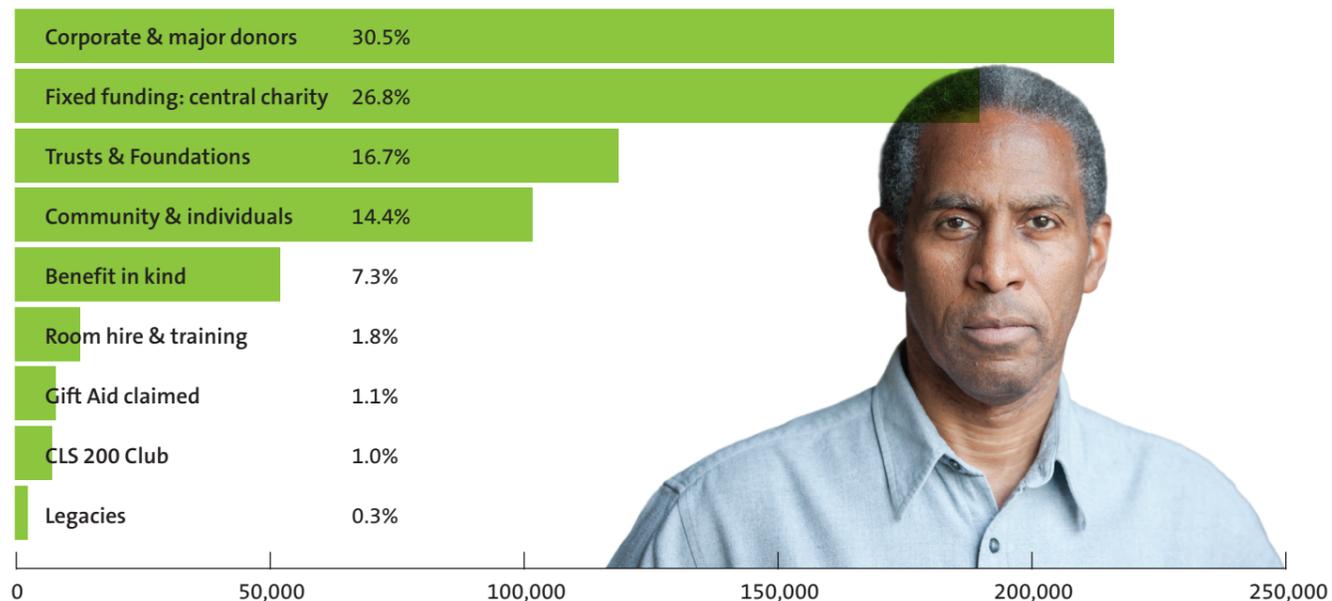
THE YEAR AHEAD

In the year ahead, the challenge is to become increasingly self-sufficient. To do this we wish to engage with wider audiences outside the branch and build the network of support necessary for the branch to stand on its own feet financially. The task now is to encourage the active support of families, friends, colleagues, associates and the wider community.

If you would like to volunteer, fundraise, donate, support, campaign or simply provide contacts or information, please email: office@cls.org.uk or write to Central London Samaritans, 46 Marshall Street W1F 9BF.

OUR INCOME AND EXPENDITURE

TOTAL INCOME £709,694



TOTAL EXPENDITURE £544,312



OUR STRUCTURE AND GOVERNANCE

THE CHARITY

THE CHARITY KNOWN AS Central London Samaritans (CLS) was, in the financial year 2016-17, registered with the Charity Commission as “The Samaritans (London Branch)”, Charity Number 268293, at 46, Marshall Street, London, W1F 9BF. (This changed on 1 April 2017 when the new legal entity, an Incorporated Charitable Organisation, came into being, having been registered with the Charity Commission as “Central London Samaritans” with Charity Number 1171330.)

CLS is a recognised branch of Samaritans, founded in 1953 by the late Prebendary Dr Chad Varah CH, CBE. Samaritans is a company limited by guarantee and a registered charity based at The Upper Mill, Kingston Road, Ewell, KT17 2AF. CLS is a part of the Samaritans London region and covers the seven inner London boroughs of: the City of Westminster, the City of London, Kensington & Chelsea, Camden, Islington, Hackney and Tower Hamlets. CLS is partially funded by Samaritans but is mostly funded through voluntary donations.

Under the constitution in force during the last financial year, dated 29 July 2009, (last updated Feb 2016), the charity was managed by a committee of five to eight elected members, required to be Samaritans volunteers, plus four to six ex-officio members, and with the power to co-opt up to four additional members. Elected members served a maximum of three consecutive years, with annual elections taking place at the charity’s Annual General Meeting where the Treasurer and Secretary were also appointed. All committee members offered their services on a voluntary, unpaid basis.

Other than co-opted members, committee members were also Trustees of the charity. They were, and as first Trustees of the new entity continue to be, responsible for ensuring the charity delivers its charitable objectives, for the financial well-being of the charity, and for compliance with charity and relevant legal and statutory requirements.

The Committee as at 31 March 2017

- Jin Chin**, Trustee and Chair (elected July 2016)
- Jill Norman**, Trustee and Deputy Chair (elected July 2016)
- Chris Graham Bell**, Trustee and Treasurer, ex-officio (appointed June 2013)
- Morag Wire**, Trustee and Secretary, ex-officio (appointed July 2015)
- Maggie Galliano**, Trustee and Director, ex-officio (appointed September 2014)
- Emma Randle**, Trustee and Deputy Director, ex-officio (appointed September 2014)
- Nicola Weston**, Trustee and Co-Director, ex-officio (appointed September 2014)
- Garry Bernstein**, Trustee (elected July 2016)
- Lois Butlin**, Trustee (elected July 2016)
- Lauren Ellery**, Trustee (elected July 2016)
- Caroline Fahy**, Trustee (elected July 2016)
- Jim Sanders**, Trustee (elected July 2016)
- Hannah-Polly Williams**, Trustee (elected July 2016)

FINANCIAL REVIEW AND INFORMATION

The Branch Director

The Branch Director of the charity is selected through a consultative process involving all branch volunteers and representatives of the central charity. The Director then selects a number of Co-Directors to support him or her during their three-year term of office. The posts of Branch Director and Co-Directors are voluntary and unpaid. The Director as at 31 March 2017 was Maggie Galliano.

The role of the Branch Director is to ensure the provision of high quality and consistent care to all callers making contact with the charity by whatever means; and to support all the volunteers who provide this care, or who support the work of the charity in other ways.

The Branch Director and the Chair of the Committee were assisted by a small team of paid staff, full-time and part-time, who reported to the Head of Branch Operations, Jenny Irish. The team provides support for the volunteer rota, outreach in the community, recruitment, training and support of volunteers, fundraising, administrative functions and management of branch facilities.

Professional Advisors

CLS is supported by its registered auditors: Kingston–Smith LLP, 4 Victoria Square, St Albans, Herts AL1 3TF; and by its bankers: Lloyds Banking Group plc, Cheapside Branch, 70–71, Cheapside, London, EC2V 6EN.

2016/17

FUNDING

THE FINANCIAL YEAR JUST ENDED saw the second year of the new funding agreement; whereby the funding received by Central London Samaritans (CLS) from the Samaritans Central Charity (SCC) is being reduced in steps over three years so that by the new financial year commencing April 2018, CLS will be totally self-funding. CLS is extremely grateful for this continuing financial support from the SCC and for the advice and assistance we have received over this past year in further establishing our own fundraising activities with Trusts and Foundations, Corporates and Major Donors within the central London area.

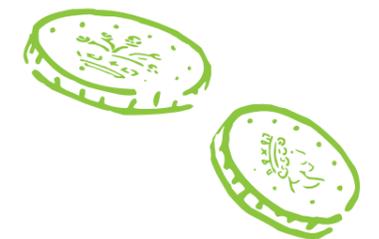
Our aim of financial self-sustainability for the charity will allow us to develop our services in a way that best meets the ever-changing needs of Londoners. We want to grow our presence and particularly our Outreach work into more of our seven boroughs — directly to the marginalised communities that are harder to reach. Being able to manage the achievement of our funding targets will allow CLS to respond to the increasing needs of our callers and visitors more effectively.

The Trustees and the Directorate team have been working over the past year in advance of the new structure that will come into effect under the single leadership role of the new Branch Director. The focus on strategic development and financial resilience for the charity has enabled us to successfully accomplish a number of major changes in association with the national Samaritans organisation.

The Committee and its Officers have committed a considerable amount of time and effort into transitioning the charity into an affiliated branch of the National Samaritans Organisation and changing to adopt a more appropriate new legal status as a Charitable Incorporated Organisation (CIO) with effect from April 1, 2017. This will have a significant effect on our fundraising position in the years to come.

To achieve CLS's overall goal we will, over the coming year, use the greater part of the surplus achieved this year to invest in our management and systems in order to streamline our administration and increase effectiveness.

The Committee is optimistic about the many opportunities open to the future of the charity; however we remain aware of the challenges ahead especially in achieving complete independent funding in an ever more difficult economic climate and with the proposed new regulations effecting charity fundraising.



THE ACCOUNTS

THE ATTACHED ACCOUNTS are prepared in compliance with the Statement of Recommended Practice ('The Charity SORP').

During the year ended 31 March 2017, the charity made an overall surplus of £165,382 (2016 Surplus £137,079). This comprises a surplus of £167,735 on Unrestricted funds and a deficit of £2,353 on Restricted funds before transfers between funds. A most welcomed result.

Total income for the year was £709,694 (2016: £615,462). £70,416 of this income was Restricted, of which £27,027 is carried forward to the specified projects in the current year (2017–18). The Unrestricted income includes £52,125 of 'Benefit In Kind Income' for services generously provided free of charge (pro bono) to the charity during the year.

Expenditure for the year amounted to £544,312 (2016 £478,383), including depreciation of £53,851 and the New Branch Contribution of £22,736 for this year ended and payable to the Central Charity by 31 December 2017.

At year end 31 March 2017 the charity had cash in the Bank and in hand totalling £763,526 (2016: £543,589) in its accounts. The No.1 account is the day-to-day operating account from which all current bills, salaries and taxes are paid. The No.2 deposit account is to provide for non-day-to-day needs such as non-routine maintenance and major refurbishment; the purchase of new fixtures, fittings and equipment assets; and special projects in accordance with the charity's objectives.

Just prior to the year end, new Bank Accounts were set up and funds transferred in preparation for the change in legal status of the charity from an unincorporated body to the new Charitable Incorporated Organisation (CIO) on 1 April 2017.

During the year the charity obtained permission from the Charity Commission, subject to the agreement of the Trustees, to re-designate £140,639 Restricted funds (showing at y/e 31/03/2015 £142,639 less £2,000 repaid to the donor) as Unrestricted. It had been noted for many years that the Restricted funds were available for the better performance of the charity and had no other restrictions placed upon it. The funds had built up over many years and it was now impossible to identify all the restrictions previously set. Hence after the transfers between funds the Unrestricted Funds available at 31 March 2017 were £681,423, excluding fixed assets and investments, and the Restricted Funds available amounted to £41,232.

Restricted funds now comprise recognisable funds that can only be spent in accordance with the donor's intentions. Unrestricted funds comprise all other funds, including the value of the freehold property. Current assets held within these funds are available for the ordinary purposes of the charity.

Following the previous year end (31 March, 2016) the Trustees agreed to set aside £68,000 of the 2016 surplus as Designated Reserves to be used during the coming year to invest in a significant update of our management systems and a new air conditioning unit in the Phone Room. During the year it was decided to hold off on the new management systems in order to further investigate a number of new options becoming available.

RESERVES POLICY

GIVEN THAT OUR FUNDING ARRANGEMENT will be changing over the next few years, the Committee decided that the Reserves Policy will be reviewed on a six month basis or whenever required. At the last review, to simplify the policy, the Trustees agreed that the level of unrestricted reserves that the charity ought to have should be £250,000 or six months of current operating expenditure – whichever is the greater. The Reserves Policy must shield the charity against temporary delay in the receipt of short term income whilst enabling it to acquire major longer term funding.



INVESTMENT POWERS AND POLICY

THE CHARITY'S CURRENT CONSTITUTION allows the Trustees to invest in any way they wish. Having regard to the liquidity requirements needed to operate the charity and to ensure that the Reserves Policy is met. At present the Trustees have decided to keep available cash funds in a current account and an interest-bearing deposit account.

Fixed assets

Fixed assets (excluding investments) are stated at cost or valuation less accumulated depreciation. Assets with a value of more than £250 are capitalised.

Public Benefit

In planning and reviewing all the activities of the charity during the year the Trustees kept in mind the Charity Commission guidance on public benefit.

Statement of Branch Management Committee's Responsibilities

The Committee is responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. It is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

Post Balance Sheet event

On 1st April 2017 the legal status and name of the charity changed from an unincorporated charity registered as 'The Samaritans (London Branch)' to a Charitable Incorporated Organisation (CIO) registered as 'Central London Samaritans' with the Charity No. 1171330.

THE ACCOUNTS STATEMENT OF FINANCIAL ACTIVITY

YEAR ENDED 31 MARCH 2017

Year ended 31 March 2017	2016/17	2016/17	Total	2015/16	2015/16	Total
	Unrestricted Funds	Restricted Funds	Funds 2017	Unrestricted Funds	Restricted Funds	Funds 2016
	£	£	£	£	£	£
Income and endowments from:						
Donations and Legacies	429,343	70,368	499,711	274,022	60,880	334,902
Charitable Activities	190,000	-	190,000	275,000	-	275,000
Investments	-	48	48	-	63	63
Other trading activities	19,935	-	19,935	5,497	-	5,497
Total	639,278	70,416	709,694	554,519	60,943	615,462
Expenditure on:						
Raising Funds	(84,228)	(2,000)	(86,228)	(50,084)	(625)	(50,709)
Charitable activities	(360,599)	(70,769)	(431,368)	(402,003)	(18,733)	(420,736)
Other	(26,716)	-	(26,716)	(6,938)	-	(6,938)
Total	(471,543)	(72,769)	(544,312)	(459,025)	(19,358)	(478,383)
Net income	167,735	(2,353)	165,382	95,494	41,585	137,079
Transfers between funds	140,639	(140,639)				
Net movement in funds	308,374	(142,992)	165,382	95,494	41,585	137,079
Reconciliation of funds						
Total funds brought forward	1,584,155	184,224	1,768,379	1,488,661	142,639	1,631,300
Total funds carried forward	1,892,529	41,232	1,933,761	1,584,155	184,224	1,768,379

All gains and losses arising in the year have been included in the Statement of Financial Activities and arise from continuing operations.

THE ACCOUNTS BALANCE SHEET

YEAR ENDED 31 MARCH 2017

Year ended 31 March 2017	2017	2016
	£	£
Fixed Assets		
Tangible assets	1,210,106	1,243,085
Investments	1,000	1,000
<i>Total fixed assets</i>	1,211,106	1,244,085
Current Assets		
Debtors	9,351	18,584
Cash at Bank and in hand	763,526	543,589
<i>Total current assets</i>	772,877	562,173
Liabilities		
Creditors: Amounts falling due within one year	772,877	562,173
Net Current Assets	1,545,754	1,124,346
Total assets less current liabilities	2,756,860	2,368,431
<i>Total net assets</i>	2,756,860	2,368,431
The funds of the charity:		
Unrestricted Funds	41,232	184,224
Restricted Funds	1,892,529	1,584,155
TOTAL CHARITY FUNDS	1,933,761	1,768,379

The summarised financial information set out above has been derived from the full Financial Statements of Central London Samaritans, which are independently examined by Kingston Smith LLP, Statutory Auditors, 4 Victoria Square, St Albans, Herts AL1 3TF.

The full Financial Statements of Central London Samaritans are to be approved and signed on behalf of the members of the Committee by Jin Chin, Chair, and Chris Graham-Bell, Treasurer, at the 2017 Annual General Meeting of the charity.

THANK YOU

Over the past year we have received generous support from new and existing supporters and the Charity would like to take this opportunity to thank:

Aberdeen Asset Management
The Aird Charitable Trust
The Bank of England Sponsorship Fund
Ben Cohen Stand Up Foundation
The Benjamin Barsby Fund
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Wessex Youth Trust
Westminster Amalgamated Charity
The Worshipful Company of Carmen Benevolent
The Worshipful Company of Coopers
The Worshipful Company of Blacksmiths
YSC
Yumcha

The Charity is also extremely grateful to Hart Square, Kingston Smith PLC, and Simmons and Simmons LLP for their support and to all those other who have helped us greatly during the year by providing *pro bono* assistance.

Thank you also to the Friends of CLS, the choirs who gave their time to our 'Sing for Samaritans' events and all those who took part in Challenge events across the year.

2016/17



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020 7734 2800* (Local)



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*Local call charges apply.

A charity registered in England and Wales no. 1171330 Central London Samaritans