



Samaritans Training &  
Engagement Programmes

SAMARITANS

# ➤ Understanding and Responding to Grief

## Course Outline

**Understanding and Responding to Grief** will equip participants to recognise common emotional responses to five typical (but by no means universal) stages of grief and to respond sensitively and effectively.

Led by an expert Samaritans facilitator and using a variety of tools to encourage interaction and group learning, **Understanding and Responding to Grief** is a 3-hour course, facilitated course (available online or in-person) that is appropriate for anyone who has contact with a customer, service user, colleague – or anyone in their personal lives – who is experiencing grief.

## Book now

Email: [step@samaritans.org](mailto:step@samaritans.org)

Web: [samaritans.org/step](https://www.samaritans.org/step)

Tel: **020 8394 8449**

Samaritans is a registered charity

