



Samaritans Training &
Engagement Programmes

SAMARITANS

➤ Recognising and Managing Trauma

Course Outline

Traumatic events can happen at any age and can have long-lasting effects. **Recognising and Managing Trauma** is suitable for organisations that provide support and resources in traumatic situations and that want to support their teams to recognise and manage trauma in themselves

Led by an expert Samaritans facilitator and using a variety of tools to encourage interaction and group learning, **Recognising and Managing Trauma** is a 3-hour, facilitated course (available online or in-person) that is highly beneficial to organisations looking to develop their suicide prevention strategies.

Book now

Email: step@samaritans.org

Web: samaritans.org/step

Tel: **020 8394 8449**

Samaritans is a registered charity

