IDEAS FOR ASSESSMENT

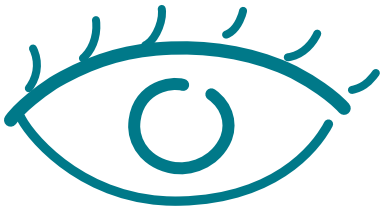
Reflections

The following questions can be used at the end of any session to provide ongoing assessment of students' progress or a change in thoughts, feelings, attitudes and understanding in the topics covered.

- What can I say now that I couldn't before?
- What can I do now that I couldn't before?
- What has surprised me?
- What else do I need?
- What might I do differently now?
- What questions do I have about this?
- What have I learnt?

IDEAS FOR ASSESSMENT

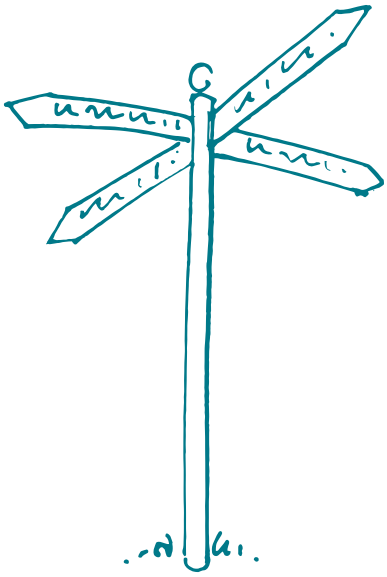
Other ideas



How would you describe to an alien who has just arrived on the earth why our emotional health is important?

IDEAS FOR ASSESSMENT

Other ideas (Cont...)



"I am feeling stuck and I don't feel that I fit in. I find it hard to talk to other people my age and often people make fun of me. I find it hard to see anything good about myself and some days I just want to stay in bed. I can't see which way to turn, or what to do…"

What would your response to this person be?

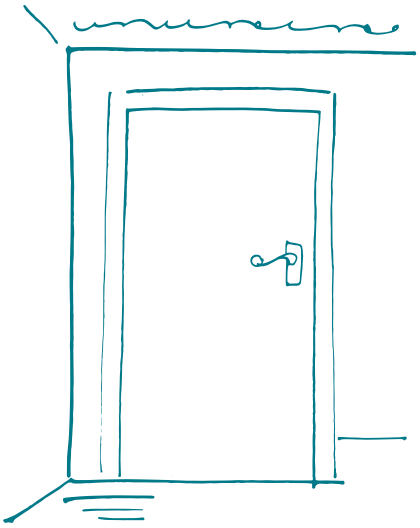
IDEAS FOR ASSESSMENT

Supporting friends

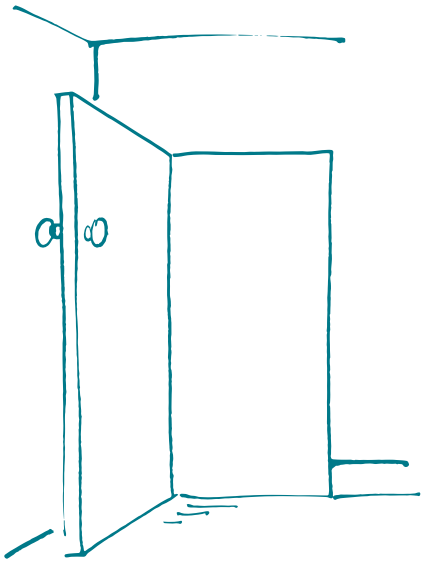
How could you support a friend who is going through a difficult time?

IDEAS FOR ASSESSMENT

What might open the door?



On the other side of this door is something that Sam just doesn't feel able to face right now. It's something Sam can't talk about or doesn't feel like he can cope with.



What could help Sam open the door and face what is ahead?

IDEAS FOR ASSESSMENT

Talking: what do we know?

Fill in the bubbles. How do you think everyone is feeling? What are they thinking? What might the response be?

You can use this exercise as a before and after. What have the young people learned about responding and supporting one another?

It is not necessary for students to share their responses. They can record them and store them to look back to to see if they have changed their views or ideas.

How might the characters be feeling, and what might they be thinking, after talking to someone?

DEAL
Developing Emotional Awareness and Listening
SAMARITANS