

How to sign up for Samarathon

1. Go to the Samarathon website: <https://samarathon.samaritans.org/>
2. Click on Sign up (top right). You will first be asked if you have a JustGiving account:

If you say yes, skip to number 3.

If you say no, you will be taken to a form asking you to sign up to Just Giving. You will need to fill in details including:

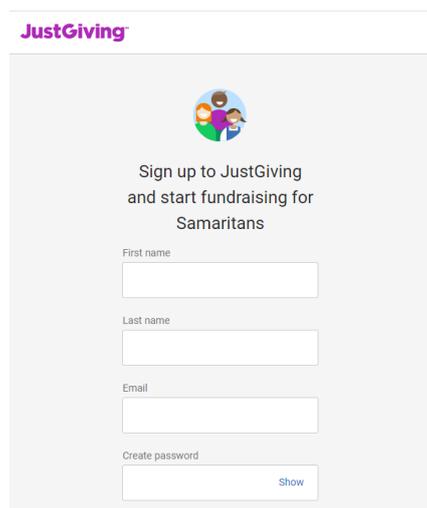
First name

Last name

Email

You will then need to **create a password** which must be 12 characters, it must include one number, a lower or upper case letter and a special character (for example # \$ % &). Your password must not contain your name or email.

Here's an example of what the form will look like:



The screenshot shows the JustGiving sign-up form. At the top left is the JustGiving logo. Below it is a circular icon with three people. The text reads: "Sign up to JustGiving and start fundraising for Samaritans". There are four input fields: "First name", "Last name", "Email", and "Create password". The "Create password" field has a "Show" button next to it.

3. You will now be directed to a form where you can create your fundraising page. On this form you will be asked a series of questions:

Give your page a **name** and make it personal

Please provide your **date of birth** (this doesn't display on your page)

Address (this doesn't display on your page)

How did you hear about Samarathon? (Select from a drop down list)

What's your reason for taking part in Samarathon? (Select from a drop down list)

I am doing this for a loved one. (Select from a drop down list)

Which company do you work for?

You will then be asked to select your **branch** from the drop down menu.

All the money you raise will support Samaritans to be there for people struggling to cope right across the UK and Republic of Ireland.

If you're supporting a specific Samaritans branch, please select 'Yes' below.

Branch*

This is followed by a few questions about staying in touch and that's it, you are now registered for Samarathon 2021 and have set up your page!

To update your Samarathon page

- Go to the Samarathon website: <https://samarathon.samaritans.org/>
- Click on **Login**, which will take you straight to your page.
- To log your activity, click on the green **Log fitness** tab.
- To keep your supporters updated on your progress you can click on the green buttons at the bottom of the page to **Post an update**, **Add an image** or **Add a video**.
- To share the details of your page with your friends, family, with colleagues at work, on your social networks. Simply copy and paste the url for your page which will look like this, but will feature the name of your page on the end.
<https://samarathon.samaritans.org/fundraising/firstname-surname>

Thank you for taking part in Samarathon 2021 and good luck!

